



What's Your Reason? I'm Worried About Side Effects!

All medicines have risks and benefits, but not taking your prescription medication as directed can also contribute to health risks.

You may have good reasons for not always taking your medication. There are better reasons why you should.

Be informed about your medicine. Whenever your doctor prescribes a medication:

- Tell your doctor about any other medicines that you are taking, including vitamins, minerals, herbs and over-the-counter products.
- Read the patient information that comes with the medicine.
- Ask your doctor what to do if you experience any side effects.
- If you do experience side effects, ask your doctor about alternatives.

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